

LeadingAge Washington's 9th Annual Nurses Day Out!

We have a packed day of fun and learning and we know you will enjoy every minute of it!

Lunch Keynote Guest: Cynthia James

Choosing You: The Powerful Secret for "Getting Your Ducks in A Row"



Success requires a certain skillset, and it starts with choosing you! Whether at work or at home, we must, first, prioritize self-care. From this place of deep personal wellness, we can work to build more authentic partnerships, be stronger team members, and develop stronger teams.

You will be inspired and equipped to:

Commit to Self-Care—because...

- Self-Care is Non-Negotiable
- Exercise is your friend
- Recharge through nutrition

Build Powerful Partnerships—because...

- Every hero had support from someone
- Support is essential
- Peer Groups/Masterminds are powerful gifts

Develop Powerful Teams—because...

- The right team makes all the difference
- Don't be afraid to delegate
- Greatness thrives in a team

Bring
Your
Team!

Date: Tuesday, March 14, 2017

Time: 8:15 a.m. — 4:30 p.m.

Location: Tukwila Community Center
12424—42nd Ave. S., Tukwila 98168
1(206)768—2822

Includes: Lite Breakfast, Lunch,
Refreshments, Materials, 7 DSHS Credits
Complimentary Parking



Register TODAY!

Join us for our 9th Annual Nurses Day Out! *Program Agenda*

LeadingAge™
Washington

8:15 a.m. Welcome and Introductions

8:30 a.m. **Preparing to Meet the Final Rule for Infection Prevention** —

Aimee Ford, MS, RN, Quality Improvement Consultant, Qualis Health, Patty Montgomery, RN, MPH, CIC, Nurse Consultant, Healthcare Associated Infections Program, Dept. of Health

9:40 a.m. **Documentation: Challenges and Strategies**—Attendees will be able to recognize legal elements of documentation required. Margaret will examine documentation best practices in challenging situations while increasing your confidence in meeting the legal elements of documentation. — *Margaret Holm, JD, RN, Nursing Care Quality Assurance Commission*

10:50 a.m. **Readmissions — The New Value Based Purchasing Program, and Strategies to Reduce Readmissions!** —*Dr. Eric Troyer, Medical Director, Bethany of the NW*

Noon Lunch

12:30 p.m. **Choosing You: The Powerful Secret for "Getting Your Ducks in A Row"** — *Guest Speaker: Cynthia James*

1:40 p.m. **Antipsychotic Use in Dementia Care and Alternative Treatment Options** — *Mary Shelkey, PhD, ARNP, Clinical Education Specialist, OPTUM*

3:10 p.m. **Creating High Powered Teams to Ensure Resident Safety and Quality of Care.—So DNSs Can Sleep at Night!** By... Assessing your current team; Developing that team; Keeping your mission at the forefront of care; Paying to forward your staff through staff development strategies i.e., open door policies, learning circles, using the grapevine and translating research into practice using. PIP teams and PICO questions. — *Bonnie L. Blachly, BLB Nurse Consulting*

4:30 p.m. Closing

Nurses Day Out is designed for new and seasoned Nurses,
Nurse Managers, Directors of Nursing,
Assistant Directors of Nursing & Supervisors in the Skilled Nursing setting!

Registration | Tuesday, March 14, 2017

Please Print Clearly

Full Name/Title

Additional Name(s)/Titles - Please duplicate for additional staff

Organization

Address

City/State/Zip

Phone

Email (Required for Confirmation)

LeadingAge WA Member \$119.00 Additional Staff \$89.00

Registration Fee: \$149.00 Additional Staff \$119.00

Payment can be made by check or credit card.

Visa/MasterCard Check Please Invoice
Card #

Name on card:

Expiration date:

CCV:

Cardholder signature:

Total fees processed \$ _____

Registration includes:
Lite Breakfast, Lunch, Refreshments,
Materials with Portfolio, 7 DSHS credits



Copy & Mail registration form to:

LeadingAge Washington
1495 Wilmington Drive, Suite 340
DuPont, WA 98327

Phone 1 (253) 964-8870
Or Fax to 1 (253) 964-8876
www.LeadingAgeWa.org

