Register TODAY!
Join us for our 9th Annual Nurses Day Out!  Program Agenda

8:15 a.m. Welcome and Introductions

8:30 a.m. Preparing to Meet the Final Rule for Infection Prevention —
Aimee Ford, MS, RN, Quality Improvement Consultant, Qualis Health, Patty
Montgomery, RN, MPH, CIC, Nurse Consultant, Healthcare Associated
Infections Program, Dept. of Health

9:40 a.m. Documentation: Challenges and Strategies—Attendees will be
able to recognize legal elements of documentation required. Margaret will
examine documentation best practices in challenging situations while
increasing your confidence in meeting the legal elements of documentation.
—Margaret Holm, JD, RN, Nursing Care Quality Assurance Commission

10:50 a.m. Readmissions — The New Value Based Purchasing Program,
and Strategies to Reduce Readmissions! —Dr. Eric Troyer, Medical
Director, Bethany of the NW

Noon Lunch

12:30 p.m. Choosing You: The Powerful Secret for “Getting Your Ducks
in A Row” — Guest Speaker: Cynthia James

1:40 p.m. Antipsychotic Use in Dementia Care and Alternative
Treatment Options — Mary Shekely, PhD, ARNP, Clinical Education
Specialist, OPTUM

3:10 p.m. Creating High Powered Teams to Ensure Resident Safety and
Quality of Care.—So DNSs Can Sleep at Night! By... Assessing your
current team; Developing that team; Keeping your mission at the forefront of
care; Paying to forward your staff through staff development strategies i.e.,
open door policies, learning circles, using the grapevine and translating
research into practice using. PIP teams and PICO questions.
— Bonnie L. Blachly, BLB Nurse Consulting

4:30 p.m. Closing

Date: Tuesday, March 14, 2017
Time: 8:15 a.m. — 4:30 p.m.
Location: Tukwila Community Center
12424—42nd Ave. S., Tukwila 98168
1(206)768—2822
Includes: Lite Breakfast, Lunch, Refreshments, Materials, 7 DSHS Credits
Complimentary Parking

LeadingAge Washington's 9th Annual Nurses Day Out!
We have a packed day of fun and learning and we
know you will enjoy every minute of it!

Lunch Keynote Guest: Cynthia James
Choosing You: The Powerful Secret for “Getting Your Ducks in A Row”

Success requires a certain skillset, and
it starts with choosing you! Whether at
work or at home, we must, first,
prioritize self-care. From this place of
depth personal wellness, we can work to
build more authentic partnerships, be
stronger team members, and develop stronger teams.

You will be inspired and equipped to:
Commit to Self-Care—because...
• Self-Care is Non-Negotiable
• Exercise is your friend
• Recharge through nutrition
Build Powerful Partnerships—because...
• Every hero had support from someone
• Support is essential
• Peer Groups/Masterminds are powerful gifts
Develop Powerful Teams—because...
• The right team makes all the difference
• Don’t be afraid to delegate
• Greatness thrives in a team

Nurses Day Out is designed for new and seasoned Nurses,
Nurse Managers, Directors of Nursing,
Assistant Directors of Nursing & Supervisors in the Skilled Nursing setting!

Registration |Tuesday, March 14, 2017
Please Print Clearly

Full Name/Title
Additional Name(s)/Titles - Please duplicate for additional staff
Organization
Address
City/State/Zip
Phone
Email (Required for Confirmation)

LeadingAge WA Member $119.00 ___ Additional Staff $89.00 ___
Registration Fee: $149.00 ___ Additional Staff $119.00 ___

Payment can be made by check or credit card.
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Registration includes:
Lite Breakfast, Lunch, Refreshments,
Materials with Portfolio, 7 DSHS credits

Nurse Managers, Directors of Nursing,
Assistant Directors of Nursing & Supervisors in the Skilled Nursing setting!